

What is the primary function of cardiac muscle

- A. Regulating body temperature
- B. Digesting food
- C. Producing hormones
- D. Pumping blood throughout the body

What is the name of the protein responsible for the contraction of cardiac muscle

- A. Actin
- B. Tropomyosin
- C. Myosin
- D. Troponin

How does calcium play a role in the contraction of cardiac muscle

- A. Calcium has no role in cardiac muscle contraction.
- B. Calcium binds to troponin, allowing for actin and myosin to interact and cause muscle contraction.
- C. Calcium inhibits muscle contraction in the heart.
- D. Calcium directly causes the muscle to contract.

What is the resting membrane potential of cardiac muscle cells

- A. -30mV
- B. -70mV
- C. -90mV
- D. -50mV

How does the conduction system of the heart coordinate the contraction of cardiac muscle

- A. By contracting the muscles directly
- B. By increasing blood flow
- C. By releasing hormones
- D. By sending electrical signals

What is the difference between systole and diastole in terms of cardiac muscle function?

- A. Systole is relaxation, diastole is contraction
- B. Systole is pumping blood out, diastole is filling with blood
- C. Systole is contraction, diastole is relaxation
- D. Systole is lower blood pressure, diastole is higher blood pressure

How does the autonomic nervous system influence the function of cardiac muscle?

- A. Regulates body temperature
- B. Regulates heart rate and contraction strength
- C. Influences skeletal muscle function
- D. Controls digestion

How does the Frank-Starling mechanism regulate cardiac output?

- A. By decreasing heart rate in response to increased venous return
- B. By decreasing contractility in response to increased venous return
- C. By increasing stroke volume in response to increased venous return
- D. By constricting blood vessels in response to increased venous return

What is the role of intercalated discs in cardiac muscle function?

- A. Regulate blood pressure
- B. Control heart rate
- C. Facilitate synchronized contraction of cardiac muscle cells

- D. Store energy for muscle contraction

How does the refractory period of cardiac muscle cells prevent tetany

- A. Increases muscle contraction strength
- B. Shortens the time between contractions
- C. Allows time for muscle to relax between contractions
- D. Causes continuous muscle contractions

What is the significance of the sinoatrial node in regulating heart rate

- A. Controls heart rate
- B. Produces insulin
- C. Regulates blood pressure
- D. Affects digestion

How does exercise impact the function of cardiac muscle

- A. Strengthens and improves function
- B. Causes damage
- C. Weakens function
- D. Has no impact

What is the role of troponin in regulating calcium in cardiac muscle cells

- A. Troponin breaks down calcium in cardiac muscle cells
- B. Troponin inhibits calcium release in cardiac muscle cells
- C. Troponin has no role in regulating calcium in cardiac muscle cells
- D. Troponin helps regulate calcium by binding to calcium ions to initiate muscle contraction

How does the sympathetic nervous system affect the contractility of cardiac muscle

- A. No effect on contractility
- B. Increases contractility
- C. Decreases contractility
- D. Causes relaxation of cardiac muscle

What is the significance of the T-tubules in cardiac muscle cells

- A. Allow for simultaneous contractions
- B. Regulate blood pressure
- C. Facilitate gas exchange
- D. Store excess nutrients

How does the renin-angiotensin-aldosterone system impact cardiac muscle function

- A. By decreasing oxygen delivery to the heart
- B. By increasing heart rate
- C. By directly stimulating cardiac muscle contraction
- D. By regulating blood pressure and fluid balance

What is the difference between isotonic and isometric contractions in cardiac muscle

- A. Isotonic contractions involve muscle tension without change in length, while isometric contractions involve muscle lengthening.
- B. Isotonic contractions involve muscle shortening, while isometric contractions involve muscle lengthening.
- C. Isotonic contractions involve muscle tension, while isometric contractions involve muscle lengthening.
- D. Isotonic contractions involve muscle lengthening or shortening, while isometric contractions involve muscle tension without change in length.

How does the length-tension relationship impact the force of contraction in cardiac muscle

- A. The length-tension relationship only impacts skeletal muscle, not cardiac muscle.

- B. The length-tension relationship impacts the force of contraction in cardiac muscle by affecting the overlap of actin and myosin filaments.
- C. The length-tension relationship in cardiac muscle only affects the speed of contraction, not the force.
- D. The force of contraction in cardiac muscle is not affected by the length-tension relationship.

What is the role of mitochondria in providing energy for cardiac muscle contraction

- A. Converts glucose into proteins
- B. Regulates blood flow
- C. Produces ATP
- D. Stores nutrients

How does the release of norepinephrine impact the function of cardiac muscle

- A. Increases contractility
- B. Causes muscle relaxation
- C. Decreases heart rate
- D. Has no effect on cardiac muscle